

THE MEDICAL EYE CENTER



Gagan J. Singh, M.D.

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Germantown, Maryland
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POST-OPERATIVE INSTRUCTIONS

1. Remove eye patch 4 hours after surgery, unless instructed otherwise.
2. Start using eye drops OCUFLOX and ECONO-PRED every 2 hours, while awake on your first night after surgery. Continue your usual oral medications prescribed by your medical doctor.
3. Bring your eye drops with you at the time of your visit the next day.
4. You may experience double vision, dull eye pain and scratchiness tonight. Use regular or extra strength Tylenol for any eye pain.
5. Do not rub your eyes, no heavy lifting, and no sports for 2 weeks.
6. Most normal physical activities such as bending, stooping, showering, bathing, washing your hair, sexual activity and doing household chores can be resumed the day after surgery.
7. The eye doctor will let you know when it is safe to drive.
8. After surgery, if you notice excessive blood, pus, pain, swelling, shut off eyelids, excessive floaters or lights in your field of vision, please contact our office immediately.
9. Following cataract surgery, most of the time, you will have to change the prescription of your glasses. We will let you know when to change your glasses.

If you need help or have any questions regarding these instructions please call our office and we will be happy to help you.