

THE MEDICAL EYE CENTER



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Germantown, Maryland
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PRE-OPERATIVE INSTRUCTIONS

1. Make an appointment and see your **medical doctor** for surgical clearance at least one week before the surgery. Take this letter and the medical forms attached to your doctor. This has the information the doctor will need. The doctor will make sure the results of your exam are sent to our office and Montgomery Surgery Center.
2. A pre-operative nurse from Montgomery Surgery Center will be contacting you to go over your procedure and answer any questions you may have.
3. Start Predforte and Ocuflax eye drops three **(3)** days before your surgery: one drop of Predforte and Ocuflax in the eye to be operated on four **(4)** times a day. You only need to put the drops in while you are awake. **Example** – morning when you get up, mid-afternoon, late afternoon, before you go to bed, and then again on the morning of surgery.
4. Nothing to eat or drink after midnight before surgery unless otherwise directed for medications or insulin.
5. Wash your face with antibacterial soap the night before surgery and on the morning of surgery.
6. Get a good night sleep prior to surgery. Being calm and rested the day of surgery will serve you well.

If you need help or have any questions regarding these instructions please call our office and we will be happy to help you.

We will call you to confirm the date and time you are to be at Montgomery Surgery Center for your surgery.