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of Charles Town

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Keeping the Redskins in sight

By ANGELA CUMMINGS
Special to the Spirit

CHARLES TOWN – Charles Town’s Dr. Gagan Singh doesn’t just get to see NFL stars up close. He’s the man who makes sure members of the Washington Redskins see everything they need to see.

As an official medical provider to the ‘Skins, the Charles Town ophthalmologist and his office manager Vicki Lambert had the chance to meet with all

of the Redskins players, coaches and staff during a health fair that team’s owners arranged recently at Redskins Park in Ashburn, Va.

The Redskins kick off the season Sunday in Houston. “For me, as a sports fan, this was something very

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RIGHT: Washington Redskins quarterback Robert Griffin III (right) gets an eye exam from Charles Town ophthalmologist Dr. Gagan Singh.



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’Skins

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special,” Singh said.

During the health fair, Singh completed vision screenings on all of the players, including wide receiver DeSean Jackson, running back Alfred Morris and quarterback Robert Griffin III.

Though she’s a die-hard Pittsburgh Steelers fan, Lambert admits that spending time up-close with world-class athletes makes for a memorable day.

“This was an amazing experience,” she said. “They were so gracious, letting us take pictures and signing autographs. The entire staff was so nice.”

The interactions also left her with a new perspective on the NFL. “I didn’t realize how big these guys are,” she laughed.

Singh, who played baseball and football in his younger days,

specializes in sutureless cataract surgery, laser therapy for glaucoma and LASIK eye surgery.



Dr. Gagan Singh (above with quarterback Robert Griffin III and his office manager Vicki Lambert) grew up in Silver Spring, Md., and has been practicing in Jefferson County for a decade. He said he was delighted to get to meet all the Redskins and make sure each player’s eyesight is up to speed before the team begins its season Sunday. “For me, as a sports fan, this was something very special,” he said.



He started his practice in Ranson 10 years ago, then moved to the Mountainview Medical Center in Charles Town four years ago when that building was built.

As a clinical assistant professor for the West Virginia University School of Medicine, Singh occasionally conducts lectures and also

works with medical students who rotate through his office. Since Singh started at Jefferson Medical Center, he said he’s seen a lot of positive changes, with more and more technological improvements available for patients.

But beyond the latest in diagnostics and equipment,

Lambert said what patients often appreciate most is the eye doctor’s kind demeanor. She describes Singh as “the best.”

“When you see grown men who after eye surgery are moved to tears because they couldn’t see and now they can – that’s what makes it all worth while.”

“This was an amazing experience. They were so gracious, letting us take pictures and signing autographs. The entire staff was so nice.”

– Vicki Lambert, office manager

